

Your Rights under the NDIS – Easy Read

The **NDIS (National Disability Insurance Scheme)** helps people with disability get the supports they need.

You have **rights** when you use NDIS services.

These rights help keep you **safe, respected, and in control**.



1. You have the right to be treated with respect

Everyone should treat you **with kindness and dignity**.

You have the right to be **listened to** and **taken seriously**.

No one should talk down to you or ignore your choices.



2. You have the right to make your own choices

You can choose:

- who supports you
- what services you use
- when and how you get support

People can help you make decisions, but the **final choice is yours**.



3. You have the right to feel safe

You should always feel **safe and comfortable** with your supports.

If someone makes you feel scared, uncomfortable, or hurt — tell someone you trust.

You can also call the **NDIS Quality and Safeguards Commission** on **1800 035 544**.



4. You have the right to good quality services

Your provider must give you **safe, reliable, and respectful** support.

They should help you reach your **goals**, not just fill time.

5. You have the right to speak up

You can say if you are **not happy** with your support.

You can make a **complaint** without being scared of getting in trouble.

A good provider will listen and help fix the problem.

6. You have the right to privacy

Your personal information and story belong to **you**.

Your provider must keep your information **safe and private**.

They can only share it if you say it's okay, or if the law says they must.

7. You have the right to be included

You have the right to join in community life — to work, learn, make friends, and have fun.

You should never be treated unfairly because of your disability.